r lease check the examination de	tails below before entering ye	our candidate information
Candidate surname	Othe	r names
Pearson Edexcel International GCSE	Centre Number	Candidate Number
Wednesday 8	3 January	2020
Morning (Time: 2 hours)	Paper Refere	nce 4ES1/01R
English as a Se	cond Lang	uage
Paper 1: Reading and	•	
- = 31 10110111119 41101		
- ::-	3	
You must have:		(Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
 - there may be more space than you need.
- Dictionaries may **not** be used in this examination.

Information

- The total mark for this paper is 100.
- The marks for **each** question are shown in brackets
 - use this as a guide as to how much time to spend on each question.

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ▶



READING

Answer ALL questions in this section.

Part 1

Read the leaflet giving advice about running in the Insert Booklet Part 1, Page 3 and answer Questions 1–10.

Questions 1-10

Identify which paragraphs (A–J) contain information listed in Questions 1–10 by marking a cross \boxtimes for the correct answer. If you change your mind about an answer, put a line through the box \boxtimes and then mark your new answer with a cross \boxtimes .

You must choose answers only from the information given in the leaflet. Paragraphs may be used more than once or not at all.

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									(Total fo	or Questions 1-	-10 = 10 marks)

TOTAL FOR PART 1 = 10 MARKS

Read Edith Brown's article on making time for her family in the Insert Booklet, Part 2, Pages 4–5 and answer Questions 11–25.

Questions 11–20

Answer the following questions. For each question write no more than THREE words that must be taken from one point in the text. DO NOT write full sentences.

11 How are Edith Brown and Alex related?	(1)
12 Which type of business does Alex own?	(1)
13 Which personality trait does Edith Brown feel she shares with her brother?	(1)
14 Other than family, who was the Craw's Nest important to?	(1)
15 When did the whole family always spend time together?	(1)
16 What does Edith Brown appreciate learning by helping out at the Craw's Nest?	(1)
17 What does Edith Brown feel she gained from passing her driving test?	(1)
18 What was Edith Brown's first job after leaving home?	(1)
19 How did Edith Brown feel about the disagreement with her friend?	(1)

	(Total for Questions 11–20 = 10 ma	rks)
20 How does Edith Brown feel about living so far a	way from Alex?	(1)

Questions 21–25

Identify which of the options given for Questions 21–25 accurately completes the given statements by marking a cross \boxtimes for the correct answer. If you change your mind about an answer, put a line through the box \boxtimes and then mark your new answer with a cross \boxtimes .

alli	swei	WIL	II a C1055 ⊠.	
21	Acco	ordir	ng to the text, which of the following statements is true?	(1
	X	A	Edith and Alex have led similar lives.	()
	×	В	Edith has spent time living in America.	
	×	C	Edith and Alex both studied in Edinburgh.	
	×	D	Alex has travelled overseas with work.	
22			ng to Edith Brown, which of the following statements is true about the lest?	(1
	X	Α	The Craw's Nest is owned by Edith's grandparents.	
	X	В	The hotel is a popular venue for different events.	
	X	C	The Craw's Nest is staffed by locals from the area.	
	X	D	Edith and Alex lived at the hotel during childhood.	
23	Whi	ch o	f the following does Edith Brown regret about her childhood?	(1
	X	A	Missing out on time with her friends.	
	X	В	Making conversation with strangers.	
	X	C	Having to work hard to buy a new car.	
	X	D	Having to work for extended periods.	
24	Whi	ch o	f the following statements about Edith Brown's work is true?	(1
	X	A	Her first job was in Edinburgh.	
	×	В	She was too busy to see Alex.	
	X	C	Her work made her feel lonely.	
	X	D	She had a successful career.	

25 How does Edith Brown feel about her contact with Alex?

(1)

- ☑ A She enjoys receiving her regular letters from Alex.
- **B** She is grateful they rarely disagree with each other.
- She wishes just the two of them met up more often.
- D She misses him and would like to move closer to him.

(Total for Questions 21–25 = 5 marks)

TOTAL FOR PART 2 = 15 MARKS

Read Lisa Dale's article on digital distractions in the Insert Booklet, Part 3, Pages 6–7 and answer Questions 26–45.

Questions 26-30

Read the statements below. Decide whether they are TRUE, FALSE or NOT GIVEN according to the text.

Mark a cross \boxtimes for the correct answer. If you change your mind about an answer, put a line through the box \boxtimes and then mark your new answer with a cross \boxtimes .

		Irue	False	Not Given	
26	According to Lisa Dale, people have accepted technology in their lives easily.	\boxtimes	\boxtimes	\boxtimes	(1)
27	Lisa Dale believes that people are able to concentrate effectively at work.	\boxtimes	\boxtimes	\boxtimes	(1)
28	According to Lisa Dale, people are happier now than in the past.	\boxtimes			(1)
29	Lisa Dale found it easier to decrease her use of devices over time.	\boxtimes	\boxtimes	\boxtimes	(1)
30	According to Lisa Dale, people do not really focus when taking in information.		\boxtimes	\boxtimes	(1)
					(1)
		(Total for O	uestions	26_30 - 5 Ma	arke

Questions 31–40	
Complete the following sentences using no more than THREE words that must be taken from one point in the text.	
31 People accept being interrupted and distracted isnowadays.	
nowadays.	(1)
32 According to a research study, some people exitir order to respond to a message.	า
order to respond to a message.	(1)
33 Frequent interruptions affect concentration and lower	
over the course of a day.	(5)
	(1)
34 When we are in alert mode for of time, a negative response is produced by the body.	
response is produced by the sody.	(1)
35 Although we may think we have become better at	
this is not the case.	(1)
36 To improve our concentration we have to be in	
order to control the time we spend on devices.	(1)
37 By repeating behaviour for, a new habit can be	(-)
formed.	(4)
	(1)
38 Some people who lack concentration struggle with	
and gaining enjoyment from it.	(1)
	(1)
39 One way of improving concentration is by after taking the time to look at it properly.	
	(1)
40 You could use to help you reduce the time spent on devices, but other methods are recommended.	
on devices, but other methods are recommended.	(1)
(Total for Questions 31–40 = 10 ma	arks)



Questions 41-45

Complete this summary of the text using words from the box below. Each word may be used once or not used at all.

People have become used to living in a world that relies heavily on devices and the changes that this has brought. A research study has highlighted the sense of (41) _____some workers feel about answering emails. Lisa Dale recognises the (42) impact interruptions can have on worker performance. People are always 'switched on' and this is not a (43) _____state for the human body to be in, leading to possible health issues. The answer is to better our ability to (44) _____ by making changes to our behaviour. Lisa Dale feels this is best achieved by pursuing (45) _____that lessen our dependence on devices. natural physical activities urgency slow

natural physical urgency slow activities
pleasure concentrate relax negative jobs

(Total for Questions 41-45 = 5 marks)

TOTAL FOR PART 3 = 20 MARKS
TOTAL FOR READING = 45 MARKS

10

WRITING

Answer ALL questions in this section. Write your answers in the spaces provided.

Part 4

You are visiting family who live in another city. Write an email to your friend to tell him/her about your visit.

In your email you **must** write:

- who you are visiting
- why you are visiting them
- what you have been doing with them.

You must write between 75 and 100 words only .	(10)



TOTAL FOR PART 4 = 10 MARKS

https://xtremepape.rs/

You have been asked to write a report for the school magazine about helping old people in your local area.

In your report you **must**:

- give **one** problem that old people in your local area may have
- give **two** ways that your school could help old people
- state any changes that could be made in your local area to help old people.

You must write between 100 and 150 words only.	(20)



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TOTAL FOR PART 5 = 20 MARKS

You are doing a project on travel options. Read the text in the **Insert Booklet, Part 6, Page 8** and write a summary for your teacher.

In your summary you **must**:

- state **two** reasons why it is difficult to make flying more environmentally friendly
- give **three** ways you can fly more responsibly
- give **your predictions** on how air travel may change in the future.

You will be awarded up to **5 marks** for using relevant information from the text.

You must write between 100 and 150 words only . You must use your own words where possible.		
	(25)	



TOTAL FOR PART 6 = 25 MARKS TOTAL FOR WRITING = 55 MARKS

TOTAL FOR PAPER = 100 MARKS



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Sources:

Part1

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Part 2

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Part 3

The lost art of concentration: being distracted in a digital world By Harriet Griffey © Guardian News & Media Limited, 2018

Part 6

Article from https://www.theguardian.com/environment/2010/apr/06/aviation-q-and-a. Text adapted from The Rough Guide to Green Living by Duncan Clark.

